

PECO Cross Country League 2023-24: Race 2 (Middleton Park 2)
Senior Ladies Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	5040	Knowles	Charlotte	Abbey Runners	FSEN	30:57	1	
2	6162	Penty	Becky	York Postal Harriers	F35	31:18	1	Y
3	5989	Whalley	Rebecca	Valley Striders AC	FSEN	31:46	2	
4	5253	Ellis	Davina	Harrogate Harriers & AC	F40	32:18	1	
5	5782	Lewis	Susan	Roundhay Runners	F45	32:23	1	
6	6363	Hoar	Jessica	Vale of York Athletic Community	FSEN	32:48	4	Y
7	5857	Ballantyne	Emma	St Therasas AC	F35	32:52	2	
8	5779	Kaars Sijpesteijn	Katie	Roundhay Runners	F35	33:10	3	
9	5471	Kitchen	Ruth	Ilkley Harriers	FSEN	33:13	5	
10	5932	Baynes	Georgia	Valley Striders AC	FSEN	33:43	6	
11	5777	Jackson	Niamh	Roundhay Runners	F40	33:47	2	Y
12	5973	Shanks	Sarah	Valley Striders AC	F40	33:53	3	
13	6314	Legg	Emily	Wetherby Runners AC	FSEN	34:00	7	
14	5023	Fox	Hannah	Abbey Runners	FSEN	34:03	8	
15	5041	Kondo	Masako	Abbey Runners	F45	34:15	2	
16	5062	Rowe-Patel	Jenny	Abbey Runners	FSEN	34:23	9	
17	5988	Wearing	Hope	Valley Striders AC	FSEN	34:30	10	
18	6016	Mason	Annabel	Wharfedale Harriers	FSEN	34:38	11	
19	5798	Say	Julia	Roundhay Runners	F50	34:43	1	
20	5806	Walford	Rebecca	Roundhay Runners	FSEN	34:47	12	
21	5016	Clark	Faye	Abbey Runners	F35	34:55	4	
22	6048	Mamalis	Louisa	York Postal Harriers	FSEN	34:56	13	
23	5490	Bannister	Sarah	Kippax & District Harriers	FSEN	35:04	14	Y
24	5415	Mckerrell	Lucy	Hyde Park Harriers	FSEN	35:05	15	
25	5132	Cartwright	Poppy	Airecentre Pacers	FSEN	35:08	16	
26	6330	Keys	Anna	Abbey Runners	F40	35:20	4	Y
27	5947	Harris	Samantha	Valley Striders AC	F40	35:24	5	
28	5018	Cobo	Andrea	Abbey Runners	FSEN	35:38	17	
29	6237	Williams	Louise	Abbey Runners	F45	36:00	3	
30	6294	Howard	Claire	Roundhay Runners	F50	36:02	2	
31	6441	Findlay	Claire	Roundhay Runners	FSEN	36:07	19	
32	6304	Watson	Lesley	Saltaire Striders	F50	36:17	3	Y
33	5957	Nancolas	Hayley	Valley Striders AC	F40	36:22	6	
34	5402	Jobson-Wood	Lucy	Hyde Park Harriers	FSEN	36:29	20	
35	5783	Lilley	Alice	Roundhay Runners	FSEN	36:49	21	
36	5353	Brown	Emma	Hyde Park Harriers	FSEN	36:59	23	
37	6438	Bell	Coralie	Hyde Park Harriers	FSEN	37:06	24	
38	5323	Lawrence	Becky	Horsforth Harriers	F45	37:07	4	
39	5090	Evans	Emma	Ackworth Road Runners	F35	37:11	5	
40	5459	Wales	Daisy	Hyde Park Harriers	FSEN	37:19	25	
41	5374	Draisey	Ruth	Hyde Park Harriers	F35	37:25	6	
42	5414	Martinson	Emily	Hyde Park Harriers	FSEN	37:29	26	Y
43	5498	Follows	Emily	Kippax & District Harriers	F45	37:30	5	
44	6412	Baiden	Abigail	Rothwell Harriers & AC	FSEN	37:38	27	
45	5140	Lund	Sarah	Airecentre Pacers	F45	37:40	6	
46	5263	Oldroyd	Lucy	Harrogate Harriers & AC	FSEN	37:43	28	

47	6125	Iles	Catherine	Roundhay Runners	FSEN	37:48	29	
48	5327	O'sullivan	Sarah Jane	Horsforth Harriers	F45	37:51	7	Y
49	6257	Keighley	Holly	Chapel Allerton Runners	FSEN	37:52	31	
50	6259	Taylor	Lizzie	Harrogate Harriers & AC	FSEN	37:55	32	
51	6023	Bell	Chessie	York Postal Harriers	FSEN	38:05	33	
52	5417	Miles	Naomi	Hyde Park Harriers	FSEN	38:09	34	
53	5930	Adams	Liz	Valley Striders AC	F45	38:12	8	
54	5985	Trevorrow	Philippa	Valley Striders AC	F45	38:15	9	
55	6204	Roddy	Annie	St Therasas AC	F40	38:26	7	
56	5619	Oldroyd	Theresa	Nidd Valley Road Runners	F50	38:39	4	
57	5519	Denholm	Katrina	Kirkstall Harriers	FSEN	38:41	35	
58	6226	Wix	Emily	Rothwell Harriers & AC	FSEN	38:45	36	
59	5751	Blakeley	Alyson	Roundhay Runners	F45	38:47	10	
60	5457	Underwood	Sarah	Hyde Park Harriers	F35	38:49	7	
61	6046	Johnson	Amy	York Postal Harriers	F40	38:50	8	
62	5541	Sheehan	Therese	Kirkstall Harriers	F35	38:52	8	
63	5258	Gill	Sarah	Harrogate Harriers & AC	F60	38:56	1	
64	5278	Sykes	Joanne	Harrogate Tri Club	F35	38:58	9	
65	5516	Champion	Hannah	Kirkstall Harriers	FSEN	39:00	37	
66	5192	Harrold	Anna	Chapel Allerton Runners	F35	39:03	10	
67	5054	Phillips	Laura	Abbey Runners	FSEN	39:07	38	
68	5891	Morley	Sarah	St Therasas AC	F45	39:11	11	
69	5229	Simpson	Emily	Chapel Allerton Runners	F40	39:12	9	
70	5552	Carter	Nicola	Knaresborough Striders	F50	39:16	5	
71	5494	Costello	Suzanne	Kippax & District Harriers	F40	39:20	10	
72	5069	Smith	Alison	Abbey Runners	F50	39:23	6	
73	5894	Normanhenney	Hazel	St Therasas AC	FSEN	39:27	40	
74	5251	Charleton	Angela	Harrogate Harriers & AC	F50	39:36	7	
75	5240	Clementis	Sarah	Dragons Running Club (Leeds)	F40	39:40	11	
76	5592	Deacon	Fiona	Nidd Valley Road Runners	F55	39:42	1	
77	6009	Charlesworth	Sarah	Wharfedale Harriers	F40	39:44	12	
78	5772	Heaton	Jo	Roundhay Runners	F35	39:44	11	
79	5634	Staiano	Sarah	Nidd Valley Road Runners	F45	39:49	12	
80	5057	Richards	Alex	Abbey Runners	FSEN	39:55	41	
81	5394	Haddon	Julie	Hyde Park Harriers	F50	40:02	8	
82	5187	Goult	Rebecca	Chapel Allerton Runners	FSEN	40:04	42	
83	5997	Davey	Jo	Wetherby Runners AC	F50	40:12	9	
84	5944	Gledhill	Steph	Valley Striders AC	F45	40:15	13	
85	5980	Sunderland	Sue	Valley Striders AC	F60	40:21	2	
86	6053	Sleight	Harriet	York Postal Harriers	FSEN	40:24	43	
87	5316	Fox	Judith	Horsforth Harriers	F55	40:25	2	
88	6420	Carter	Abigail	St Therasas AC	F40	40:29	13	Y
89	6081	Illman	Helen	Airecentre Pacers	F35	40:34	12	
90	6246	Gatenby	Francesca	Airecentre Pacers	F40	40:38	14	
91	5795	Richardson	Grace	Roundhay Runners	FSEN	40:44	44	
92	5005	Ashworth	Becky	Abbey Runners	FSEN	40:52	45	
93	5294	O'brien	Louise	Horsforth Fellandale	F50	40:58	10	
94	6196	Preston	Anne	Saltaire Striders	F45	41:15	14	
95	5313	Elliott	Bev	Horsforth Harriers	F50	41:15	11	
96	5983	Teague	Helena	Valley Striders AC	FSEN	41:18	46	

97	5441	Siswick	Fleur	Hyde Park Harriers	FSEN	41:22	47	
98	6432	Clark Miller	Sally	Abbey Runners	F45	41:22	15	
99	6011	Dennis	Sarah	Wharfedale Harriers	F40	41:23	15	
100	5097	James	Rose	Ackworth Road Runners	F40	41:24	16	
101	5600	Holleran	Christine	Nidd Valley Road Runners	F55	41:30	3	
102	5288	Glover	Sarah	Horsforth Fellandale	F45	41:31	16	
103	6336	Taylor-Cross	Katie	Abbey Runners	F35	41:32	13	
104	5861	Chapman	Sam	St Therasas AC	F40	41:35	17	
105	5262	Moul	Sue	Harrogate Harriers & AC	F55	41:35	4	
106	5165	Atkinson	Abigail	Chapel Allerton Runners	FSEN	41:47	48	
107	5291	Howroyd	Alissa	Horsforth Fellandale	F45	41:50	17	
108	5833	Kershaw	Alice	Saltaire Striders	F40	41:54	18	
109	5802	Tamlyn	Olivia	Roundhay Runners	FSEN	42:00	49	
110	5067	Sheer	Julia	Abbey Runners	F45	42:04	18	
111	5351	Brooks	Chloe	Hyde Park Harriers	FSEN	42:05	50	
112	5918	Bennett	Dawn	Vale of York Athletic Community	F45	42:21	19	Y
113	5130	Alcock	Helen	Airecentre Pacers	F40	42:25	19	
114	6335	Cameron	Becky	Vale of York Athletic Community	FSEN	42:37	51	
115	5028	Harrison	Kate	Abbey Runners	FSEN	42:46	52	
116	5055	Rafferty	Helen	Abbey Runners	F45	42:54	20	
117	5381	Evans	Clare	Hyde Park Harriers	FSEN	43:05	53	
118	6378	Gardner	Rebecca	Saltaire Striders	FSEN	43:08	54	
119	5320	Hurst	Beverly	Horsforth Harriers	F55	43:13	5	
120	5996	Clubbs	Christine	Wetherby Runners AC	F50	43:19	12	
121	5745	Wilson	Patricia	Rothwell Harriers & AC	F45	43:23	21	
122	5462	Wilson	Chloe	Hyde Park Harriers	FSEN	43:27	55	
123	6158	Warner	Emma	Wetherby Runners AC	F45	43:30	22	
124	5144	Thomson	Eleanor	Airecentre Pacers	F45	43:34	24	
125	5883	Johnson	Laura	St Therasas AC	F40	43:35	20	
126	5785	Lund	Judith	Roundhay Runners	F45	43:37	25	
127	6444	Culhane	Ellie	Chapel Allerton Runners	FSEN	43:37	56	
128	5032	Hutchison	Kirsten	Abbey Runners	F40	43:41	21	
129	5060	Roden	Helen	Abbey Runners	F50	43:41	13	
130	5279	Thomson	Julia	Harrogate Tri Club	F55	43:54	6	
131	5274	Gibbs	Claire	Harrogate Tri Club	F50	43:57	14	
132	6435	Wheatley	Bekki	Chapel Allerton Runners	F40	44:08	22	
133	6350	Williams	Ellie	Hyde Park Harriers	FSEN	44:11	57	
134	5840	Prosho	Lisa	Saltaire Striders	F55	44:20	7	
135	5887	Longfellow	Emma	St Therasas AC	F40	44:24	23	
136	5839	Nash	Louise	Saltaire Striders	F50	44:33	16	
137	6192	Cooper	Harriet	Roundhay Runners	F35	44:41	14	
138	5083	Brown	Bev	Ackworth Road Runners	F45	44:45	27	
139	5065	Scott	Katharine	Abbey Runners	F45	44:46	28	
140	5570	Wilkinson	Paula	Knaresborough Striders	F55	44:48	8	
141	5823	Gibbons	Mary	Saltaire Striders	FSEN	44:50	58	
142	5975	Smedley	Rachel	Valley Striders AC	FSEN	44:51	59	
143	6366	Legg	Jennifer	Wetherby Runners AC	FSEN	44:54	60	
144	5280	Addison	Christine	Horsforth Fellandale	F55	44:58	9	
145	5087	Cooke	Rachel	Ackworth Road Runners	F55	45:08	10	
146	6406	Wrigley	Kaina	Kippax & District Harriers	F40	45:10	24	

147	5864	Denman	Sarah	St Therasas AC	F40	45:12	25	
148	5273	Frankish	Helen	Harrogate Tri Club	F50	45:13	17	
149	5238	Briggs	Charlotte	Dragons Running Club (Leeds)	FSEN	45:26	61	
150	5131	Bromley	Sophie	Airecentre Pacers	F35	45:44	15	
151	5612	Mills	Karen	Nidd Valley Road Runners	F45	45:49	30	
152	5468	Hayes	Sarah	Ilkley Harriers	F50	45:52	18	
153	5784	Lowe	Liz	Roundhay Runners	F55	45:54	11	
154	6334	Hawking	Veronica	Kippax & District Harriers	F40	45:54	26	
155	5710	Clarke-Williams	Rachel	Rothwell Harriers & AC	F35	45:57	16	
156	5596	Gibson	Debbie	Nidd Valley Road Runners	F60	45:58	4	
157	5314	Fenton	Hazel	Horsforth Harriers	F40	46:01	27	
158	5006	Ashworth	Kathryn	Abbey Runners	F45	46:18	31	
159	5721	Harrison	Sue	Rothwell Harriers & AC	F65	46:19	1	
160	5522	Hall	Camilla	Kirkstall Harriers	FSEN	46:27	62	
161	5506	Hunter	Alison	Kippax & District Harriers	F60	46:31	5	
162	5393	Griffiths	Alys	Hyde Park Harriers	FSEN	46:39	63	
163	5801	Sunderland	Joanne	Roundhay Runners	F50	46:43	20	
164	5834	Love	Helen	Saltaire Striders	F65	46:47	2	
165	5878	Hacker	Tanya	St Therasas AC	F45	46:58	32	
166	5440	Shipp	Ellie	Hyde Park Harriers	FSEN	47:00	64	
167	5831	Humpherson	Maria	Saltaire Striders	F50	47:05	21	
168	5399	Houghton	Vicky	Hyde Park Harriers	F40	47:13	28	
169	5385	Forwood	Nicola	Hyde Park Harriers	F40	47:15	29	
170	5951	Kara	Leila	Valley Striders AC	F55	47:16	12	
171	5746	Allison	Caroline	Roundhay Runners	F60	47:17	6	
172	5650	Jamieson	Lisa	Pudsey & Bramley AC	F45	47:17	33	Y
173	5126	Wigglesworth	Rose	Ackworth Road Runners	F45	47:29	34	Y
174	5182	Forster	Lora	Chapel Allerton Runners	F40	47:32	30	
175	5858	Belford-Mcdowell	Lisa	St Therasas AC	F50	47:36	22	
176	5129	Wrangles	Gail	Ackworth Road Runners	F50	47:41	23	
177	6107	Richardson	Emma	Kippax & District Harriers	F40	47:43	31	
178	5903	Wilson	Adele	St Therasas AC	F45	47:54	36	
179	5198	Hinch	Nicola	Chapel Allerton Runners	F45	48:44	37	
180	5446	Stringer	Karly	Hyde Park Harriers	F35	48:46	17	
181	6198	Shaw	Jenny	Saltaire Striders	FSEN	48:54	65	
182	6417	Hughes	Jane	Saltaire Striders	F35	48:56	18	
183	5789	Nurse	Helen	Roundhay Runners	F55	48:56	13	
184	6302	Kozlowska	Krystina	Saltaire Striders	F50	48:56	24	
185	5704	Ballinger	Lauren	Rothwell Harriers & AC	F40	48:59	32	
186	5940	Fotherby	Pascale	Valley Striders AC	F45	49:01	38	
187	5821	Foy	Tracy	Saltaire Striders	F50	49:02	25	
188	5380	Eva	Charlotte	Hyde Park Harriers	F35	49:04	19	
189	5825	Hardaker	Joanne	Saltaire Striders	F45	49:09	39	
190	5895	O'hara	Joanne	St Therasas AC	F55	49:11	14	
191	6446	Owen	Kath	Chapel Allerton Runners	F40	49:17	34	
192	5119	Stone	Nat	Ackworth Road Runners	FSEN	49:18	66	
193	5722	Hartley	Janet	Rothwell Harriers & AC	F65	49:23	3	
194	6065	Leech	Katherine	York Triathlon Club	F40	49:37	35	
195	5764	Cook	Mags	Roundhay Runners	F70	49:44	1	
196	6087	Austin	Holly	Chapel Allerton Runners	F35	49:46	20	

197	6402	Glaister	Catherine	Ilkley Harriers	F55	49:53	15	
198	5720	Halliday	Amanda	Rothwell Harriers & AC	F55	49:54	16	
199	5534	Moran	Carol	Kirkstall Harriers	F60	49:57	8	
200	5212	Nunn	Katy	Chapel Allerton Runners	FSEN	50:02	67	
201	5492	Copley	Clare	Kippax & District Harriers	F45	50:05	40	
202	5434	Roberts	Grace	Hyde Park Harriers	FSEN	50:08	68	
203	5965	Sabourn	Jillian	Valley Striders AC	F55	50:15	17	
204	5224	Ross	Heather	Chapel Allerton Runners	F45	50:17	41	
205	5098	Latham	Katie	Ackworth Road Runners	F50	50:22	27	
206	6146	Senior	Lauren	Vale of York Athletic Community	FSEN	50:26	69	
207	5524	Hipkiss	Vicki	Kirkstall Harriers	F55	50:44	18	
208	5470	Jacques	Helen	Ilkley Harriers	F55	50:47	19	
209	5063	Salih	Jasmine	Abbey Runners	F50	51:04	28	
210	5110	Needham	Lesley	Ackworth Road Runners	F60	51:16	9	
211	5030	Hulme-Vickerstaff	Lisa	Abbey Runners	F55	51:18	20	
212	5567	Skeer	Katrina	Knaresborough Striders	F60	51:26	10	
213	5728	Mann	Helen	Rothwell Harriers & AC	F60	51:31	11	
214	6346	Gardham	Louise	Hyde Park Harriers	F50	51:32	29	
215	5387	Garratt	Laura	Hyde Park Harriers	F40	51:32	36	
216	5538	Riach	Emily	Kirkstall Harriers	FSEN	51:47	70	
217	5509	Penrose	Kate	Kippax & District Harriers	F70	51:52	2	
218	5546	Taylor	Samantha	Kirkstall Harriers	F35	52:22	21	
219	5818	Davis	Denise	Saltaire Striders	F55	52:37	21	
220	5427	Prust	Jane	Hyde Park Harriers	F60	52:38	13	
221	5797	Rogers	Harriet	Roundhay Runners	F45	52:42	42	
222	5726	Keadin-Brown	Patricia	Rothwell Harriers & AC	F45	52:46	43	
223	5499	Fox	Iona	Kippax & District Harriers	F35	52:50	22	
224	6203	Carey	Kay	St Therasas AC	F50	52:54	30	
225	5010	Bastin	Katie	Abbey Runners	FSEN	53:23	71	
226	5581	Bracher	Sarah	Nidd Valley Road Runners	F40	53:24	37	
227	5475	Lofthouse	Kate	Ilkley Harriers	F60	53:25	15	
228	5510	Stanworth	Lucie	Kippax & District Harriers	FSEN	53:45	72	
229	5711	Corlet	Dawn	Rothwell Harriers & AC	F55	53:45	23	
230	5869	Fletcher	Lynn	St Therasas AC	F70	53:47	3	
231	4005	Rhodes	Susie	Nidd Valley Road Runners	F40	53:49	38	
232	6324	Gole	Sarah	Nidd Valley Road Runners	F45	53:49	44	
233	5162	Allen	Elizabeth	Chapel Allerton Runners	F50	53:52	31	
234	5847	Thaper	Claire	Saltaire Striders	F40	53:54	39	
235	5606	Lane	Joanne	Nidd Valley Road Runners	F50	54:04	32	
236	5889	Mcmorran	Lindsay	St Therasas AC	F35	54:25	23	
237	6138	Furness	Claire	St Therasas AC	F35	54:34	24	
238	5138	Keighley	Carole	Airecentre Pacers	F60	54:39	16	
239	5179	Evans	Tara	Chapel Allerton Runners	FSEN	54:43	73	
240	5191	Hancock	Lois	Chapel Allerton Runners	FSEN	54:43	74	
241	6403	Hawkhead	Alex	Kippax & District Harriers	FSEN	54:56	75	
242	5966	Sabourn	Laura	Valley Striders AC	FSEN	55:04	76	
243	5856	Backhouse	Sally	St Therasas AC	F50	55:07	33	
244	5348	Blackwell	Rachael	Hyde Park Harriers	FSEN	55:09	77	
245	5082	Berry	Wendy	Ackworth Road Runners	F60	55:55	17	
246	5794	Parmley	Hannah	Roundhay Runners	F35	55:57	25	

247	5601	Hornsby	Jill	Nidd Valley Road Runners	F65	56:13	5	
248	6134	Mistry	Urmila	Saltaire Striders	F60	56:25	18	
249	5308	Cole	Emma	Horsforth Harriers	F35	56:26	26	
250	5105	Middleton	Carol	Ackworth Road Runners	F60	56:27	19	
251	5740	Townsend	Erin	Rothwell Harriers & AC	F35	56:34	27	
252	5473	Lambert	Sarah	Ilkley Harriers	F35	57:18	28	
253	5633	Smith	Michelle	Nidd Valley Road Runners	F50	57:57	34	
254	6067	Schofield	Emily	York Triathlon Club	FSEN	58:02	78	
255	5900	Rowley	Sam	St Therasas AC	F50	58:26	35	
256	5578	Ahmad	Liz	Nidd Valley Road Runners	F65	58:43	6	
257	5796	Roberts	Rachel	Roundhay Runners	F35	59:33	29	
258	5421	Neugebauer	Sharron	Hyde Park Harriers	F60	1:00:44	21	
259	5370	Donnelly	Chrissy	Hyde Park Harriers	F55	1:00:50	24	
260	5882	Hill	Debra	St Therasas AC	F50	1:00:59	36	
261	5106	Morris	Sally	Ackworth Road Runners	F60	1:02:04	22	
262	6422	Smith	Abby	St Therasas AC	F35	1:05:42	30	
263	5716	Fryer	Louise	Rothwell Harriers & AC	F40	1:06:31	40	
264	5708	Cartwright	Jo	Rothwell Harriers & AC	F65	1:07:51	7	
265	6056	Crossley	Hannah	York Triathlon Club	FSEN	1:08:42	79	
266	6221	Steeves	Elizabeth	Wetherby Runners AC	F60	1:09:48	23	
267	5723	Harvey-List	Anna	Rothwell Harriers & AC	F35	1:10:04	31	
268	5070	Smith	Judith	Abbey Runners	F70	1:11:09	4	
269	6220	Linfoot	Tracy	Wetherby Runners AC	F50	1:12:07	37	
270	6391	Hosie	Jo	Vale of York Athletic Community	F40	1:14:59	41	
271	6183	Griffiths	Kathryn	Hyde Park Harriers	FSEN	1:16:37	80	
272	5344	Bangerh	Jasbir	Hyde Park Harriers	F50	1:16:37	38	
273	5922	Holliday	Kyra	Vale of York Athletic Community	FSEN	1:20:37	81	